

# Reflective Journal

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I have participated in An Experiential Learning Programme which was organized by Learning by Engaging and Teaching (LET) Programme of Faculty of Science on 18 June 2012. This meaningful and exciting programme was conducted by Scout Association of Hong Kong Wong Siu Sang Leadership Training Institute. On that day, I really learnt a lot and got special experience by facing with different kinds of difficulties in various activities.



## **1. As a demonstrator for Science Academy for Young Talent**

I was recruited as a demonstrator in "Introduction to Bionics" which was organized by the faculty of Science and was taught by Dr. K.C. Chung on July 20, 25, and 30, 2012.

My duty is

- 1) to prepare the experiment materials
- 2) to guide the secondary students to do the experiments
- 3) to guide the secondary students to think about the problems during the experiments and how to solve the problems

## **2. Difficulties on my work**

- 1) Some students were very shy and did not chat with groupmates actively;
- 2) Some students did the experiment individually without discussion and cooperation with other groupmates

## **3. How could I overcome**

- 1) As some students in my group were very shy and did not chat with groupmates actively so I chatted with them in a group at the beginning of laboratory. I guided them to introduce themselves and encouraged them to discuss more. As a result, they were familiar to each other a little bit and talked with each other actively. When they were keep quiet for a long time, I chatted with themselves about experiments to make atmosphere cordial and friendly. The students seemed very happy and were not unembarrassed to talk with their groupmates and me in the end. In addition, they looked like that they very enjoyed doing the experiments.
- 2) As one student in my other group always did the experiments on him own without discussion and cooperation with other groupmates. On the other hand, other groupmates can not help but to do nothing. Then, I praised him for his ability and encouraged him to be a team leader to cooperate and discuss the work to his groupmates so that they can work more efficient and got experience via team work. Fortunately, he accepted my advice and started to cooperate and discuss the work to his groupmates and finished experiments efficiently and happily with his groupmates. He also accepted the suggestions from his groupmates during design of water absorptive machine and got very successful design in the whole class.

## **4. Training courses offered by LET Programme help me a lot**

Training courses offered by LET Programme really help me a lot. I learnt that I need to put myself in others' shoes in an activity and do not just live in my own world to let other people follow me. Not only a team leader but also a member plays important roles in the activity. We need to respect other opinions, discuss the problems actively and cooperate with each other. Moreover, no matter what I do in the further, I may or may not be a leader but I will be also play a key role in my team.

Therefore, I can face with the problems calmly as a demonstrator in "Introduction to Bionics" course and think of the methods to deal with them smoothly. However, there is no ending for learning of leadership. Lots of knowledge and experience I need to get to extend my ability.